

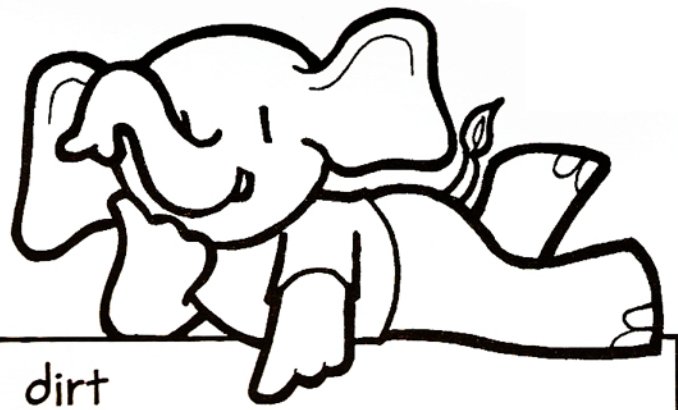


# MY BOOK about

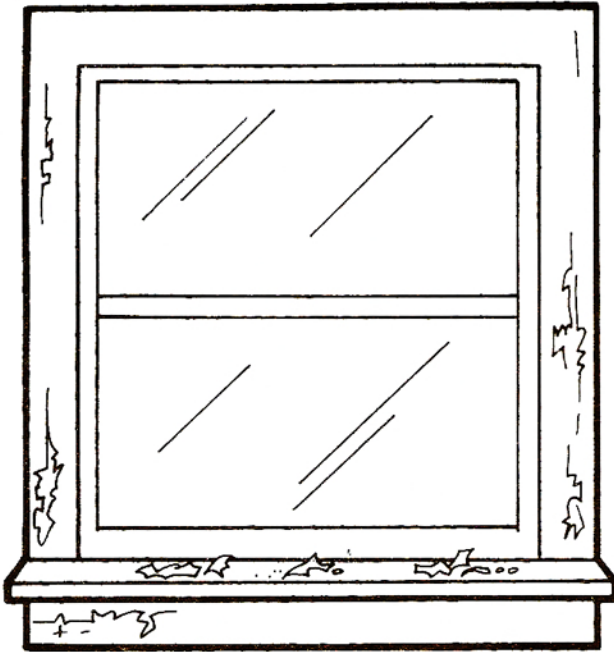
**STAYING SAFE  
AROUND LEAD**

# LEAD IS IN LOTS OF THINGS.

Here are some of them:



paint chips



dirt



dust



Lead can make you very sick if it gets inside you.

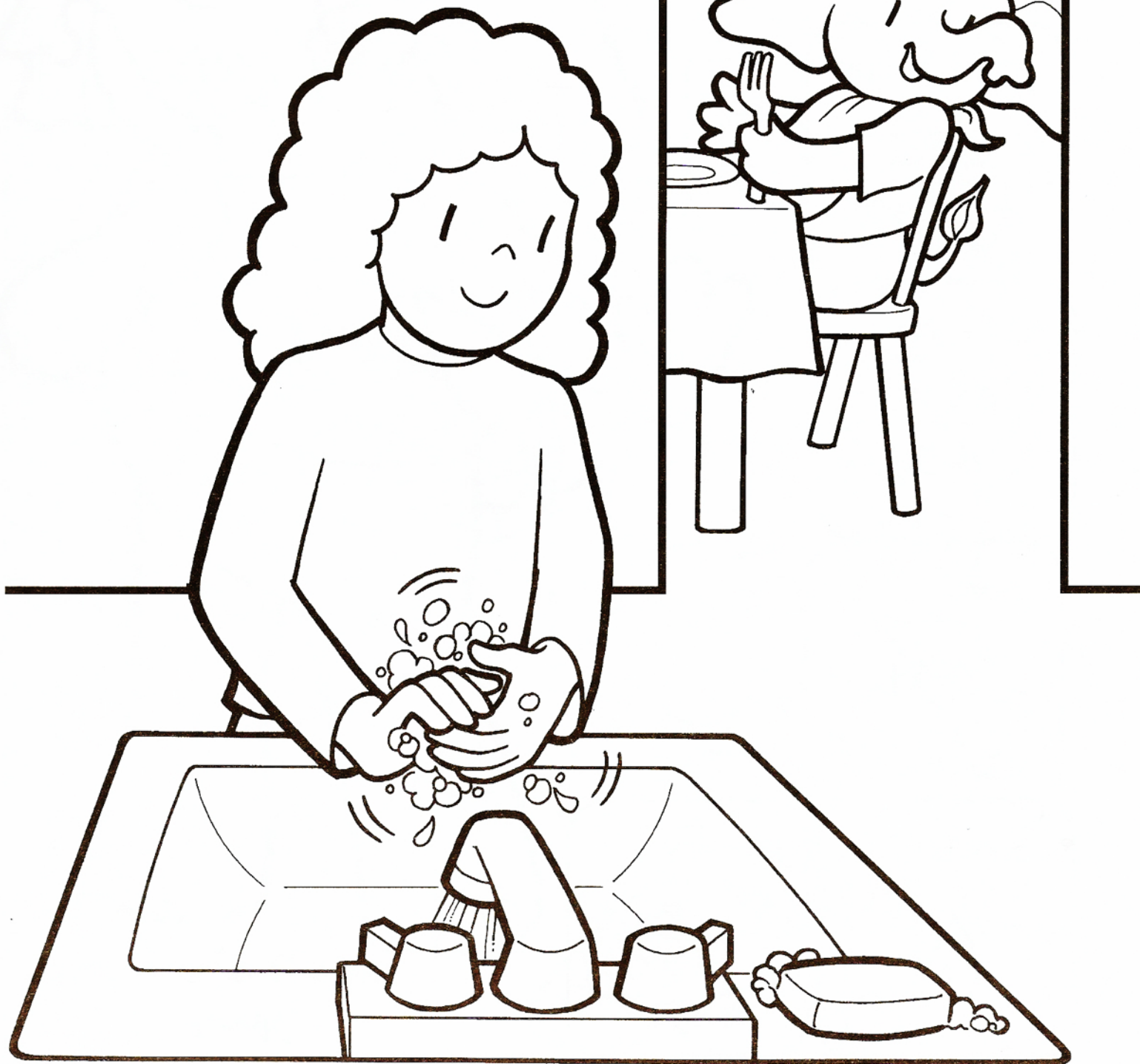
**Parents, please read:**

Talk to your child's health-care provider! This booklet is not a substitute for the advice of a qualified health-care provider.



# WASH YOUR HANDS BEFORE EATING

to keep the lead out  
of your body!



# KEEP THESE THINGS OUT OF YOUR MOUTH:

paint chips



dirt



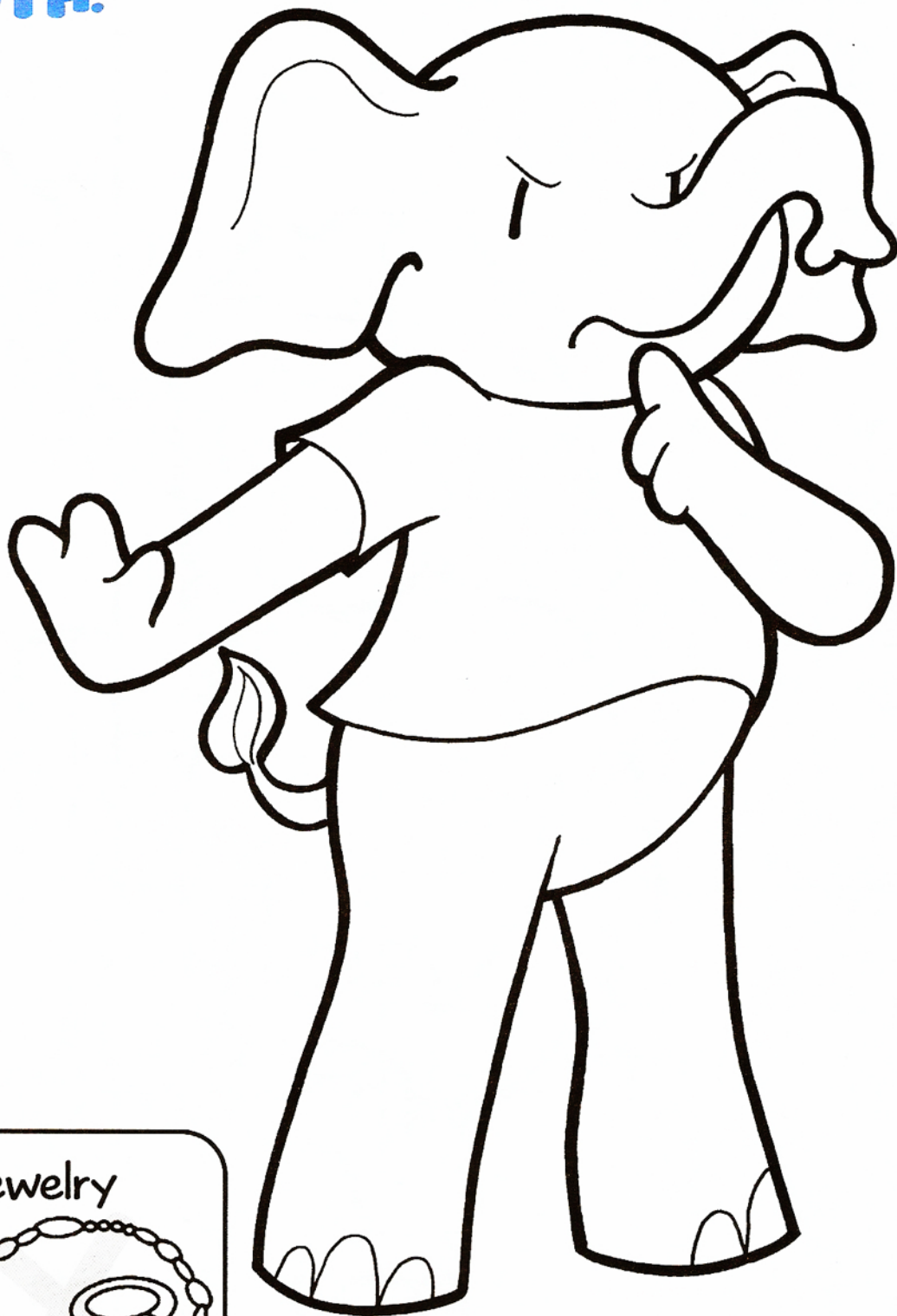
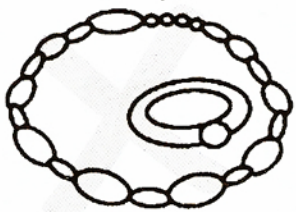
toys



hands



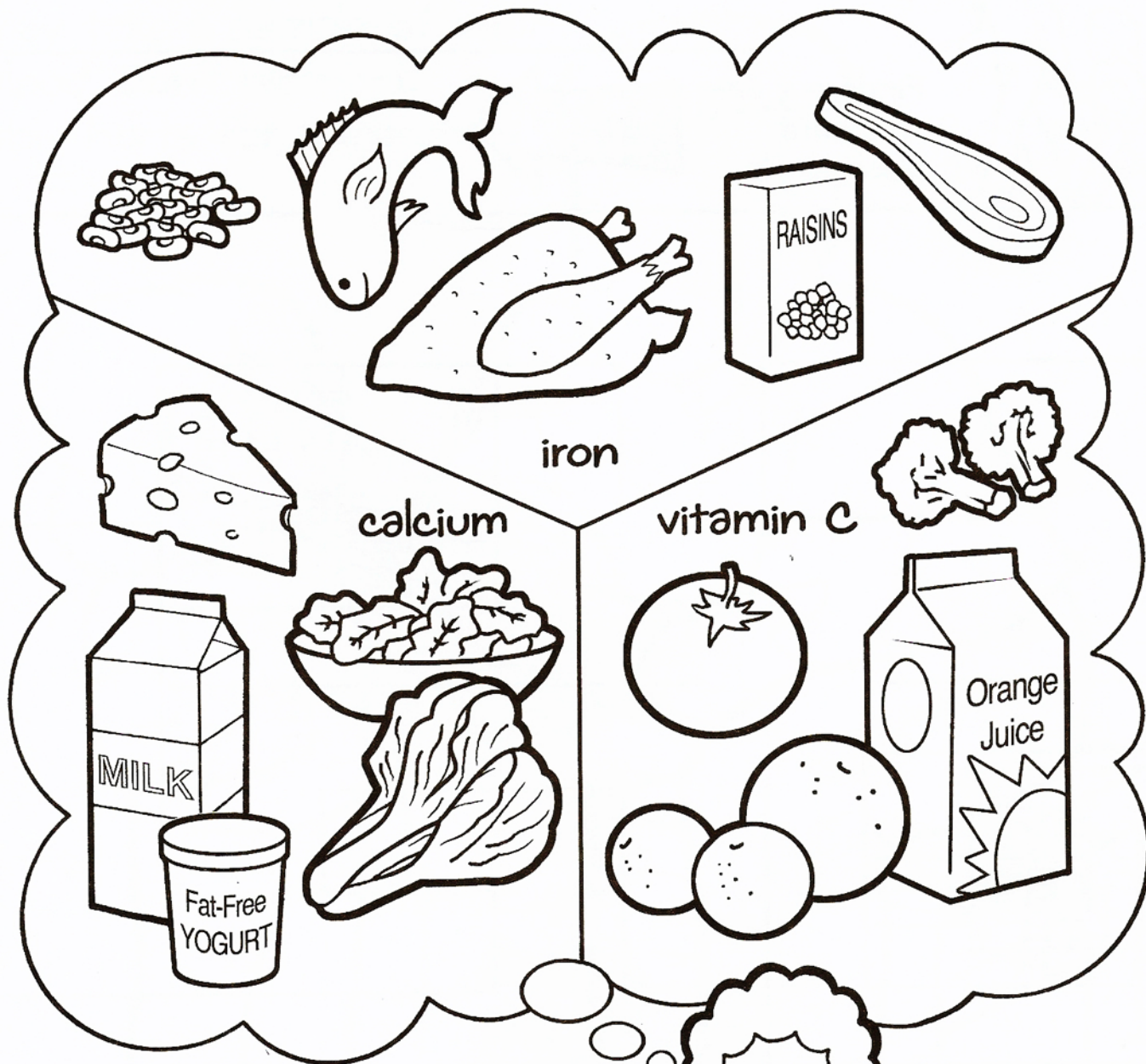
jewelry





# PUT GOOD FOODS AND DRINKS INTO YOUR BODY INSTEAD.

Those that have a lot of these healthy things can help you fight off lead!



Circle 1 or 2 favorites in each group.

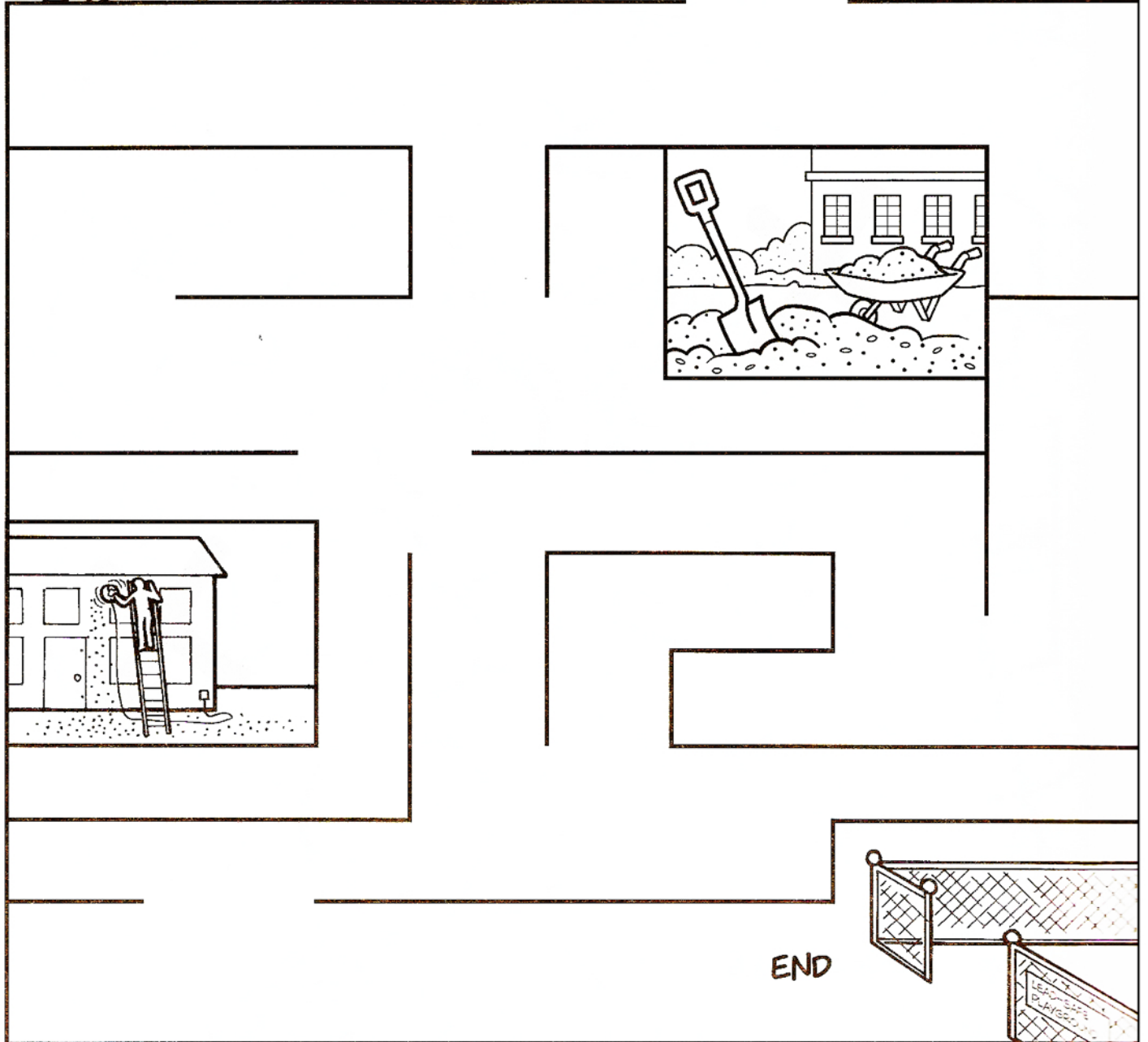


# PLAY IN A SAFE PLACE.

Don't play in places where there might be a lot of lead. Stay away from any building that's being fixed. Do not play in the dirt.



Find your way to a safe place to play.





# A TEST FOR LEAD CAN HELP KEEP YOU HEALTHY.

Your health-care provider  
may take a sample of your  
blood. Don't worry—it  
only hurts for a minute.

Draw faces on  
the child and  
the adult.



**Soo –**

**KEEP LEAD OUT  
OF YOUR BODY.**

Put only good foods  
into your body.

Draw a snack  
that's good for you.

