Protect Your Family from Lead in Your Home

National Lead Awareness Prevention Week: October 2010

If the soil in your yard contains lead, it can be tracked into your house on shoes, clothes, pet fur and paws, and by other ways. To protect your family from lead in your home, follow these simple steps:



Call your local Health District today for information. Kellogg: (208) 783-0707

Coeur d'Alene: (208) 415-5100



Keep your child's hands and toys clean.

- Wash your child's hands after the child plays outside, before meals, and at bedtime.
- Wash your child's toys, bottles, and pacifiers often.
- Do not let your children put dirty hands, toys, or other things that might have dust on them in their mouths.

Clean your house often to remove lead tracked into the house from soil and lead in house dust.

- Clean your home weekly to keep it as dust-free as possible.
- Clean floors, window sills, doorframes, and baseboards with soap and water.
- Use a vacuum with a high efficiency particulate air (HEPA) filter.

Use washable rugs at all doors going into the house. Take shoes off at the door.

- Put washable doormats or rugs at all entries to your home. Have everyone wipe their feet before entering the house so that lead-containing soil and dust will not be tracked into the house.
- Wash doormats, rugs, and cleaning rags often. Wash these items separately from other family laundry. Wash rags before reusing.
- Leave shoes at the door so lead in soil will not be tracked in the house.

Stay away from lead-based paint.

- Check your home for chipping or peeling paint, especially on windows and porches, if your house was built before 1978.
- Make repairs as soon as possible.
- Notify your landlord of possible lead hazards that need to be repaired.



Developed by Agency for Toxic Substances and Disease Registry (ATSDR), Region 10, (206) 553-6978

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